

# REJUVI LEVEL 3 KIT PROTOCOL

A treatment facial for an oily or combination/oily skin, or to prepare the skin for a chemical peel.

## *SKIN ANALYSIS*

Once your client is comfortable on the table, start by examining their skin. Take your time and be thorough so you can customize your treatment plan to what they need that day. Tell them what you see on their skin and how you're going to improve it over the course of their treatment plan.

## *PREP*

### **Cleanse**

- Cleanse thoroughly x1 with the **k Facial Cleanser**, or x2 if you need to remove make-up or sun block.
- Remove with a warm, wet washcloth or disposable sponges.

### **Exfoliation**

- Work the **Exfoliating Mask** into the skin for 2 minutes. If the skin is a little sensitive, mix in some **h Skin Healing Gel**.
- Remove with cool, wet disposable sponges or cotton pads.
- Apply **h Skin Healing Gel** all over the face.

## *TREATMENT*

### **Massage**

- Combine the **Retinoid Formula** with the **h Skin Healing Gel** and massage into the skin for 2–4 minutes.
- If using gentle steam, keep the steamer at least an arm's length away from the face.
- Then apply a very small amount of the **Hydrating Mask** over the top and massage for a further 10 minutes.
- Remove all the treatment products with a warm, wet washcloth.

### **Extractions**

- Wear gloves and use tissues such as Puffs or Kleenex.
- To get fast results for your client, it's important to be thorough and take as long as you can to get everything out. However, be mindful not to extract any painful, hormonal nodules that could scar and leave marks on the skin.
- After extractions, apply a small amount of the **r Skin Refreshener** on a cotton round and sweep all over the face except the eye area.

### **Specialty Treatment for Acne**

- Apply the **Normalizing Formula** all over the face and under the jawline, avoiding the delicate skin around the eyes. The skin will burn slightly and turn a little red.

- Leave on for 3–5 minutes.
- Thoroughly remove with cold water, using disposable soft gauze or cotton pads. The skin will still be a little red and burning so apply a generous layer of **h Skin Healing Gel**.

### Icing

- Gently massage the skin with cryo sticks, keeping them moving until the entire face has been iced.
- Keep icing for 5 minutes.

### Mask

- Apply the **Herbal Mask** all over the face, avoiding the eye area.
- Apply the **i Eye Repair Gel** around the eye area.
- After 8–10 minutes, remove the mask with a lukewarm, wet washcloth.

### Finishing products

- Mix a small amount of the **Retinoid Formula** with the **h Skin Healing Gel** and apply all over the face, avoiding the eye area.
- Massage in for 1 minute.
- Apply the **i Eye Repair Gel** all around the eye area.
- Apply the **b Moisturizing Lotion**.
- Apply the **s Facial Sun Block (SPF 40) Tinted** if it is daytime.

## EDUCATION

When you decide you're ready to do a peel, you must prepare the client in advance: both by prepping their skin for the peel and by making sure they know they'll need to have a quiet period of about a week in which they have no important events and they won't spend much time outdoors in the sun. Explain what the treatment entails make sure your client understands that their skin will not look fantastic and can feel uncomfortable as it physically peels. Generally, the best time to schedule a peel is 5–7 days after you've prepped the skin with this facial treatment.

## HEMOCARE REGIMEN

Finally, explain why being consistent and thorough with their daily regimen is the key to getting results. Recommend prepping their skin for the peeling treatment by using the **a Night Gel** or **a Retinyl Serum** for six weeks before the peel, talk them through the benefits and show them how to apply them. Be sure to focus on the importance of cleansing thoroughly every morning and evening and make sure they are using a sun block of SPF 40 or above.