

# REJUVI LEVEL 1 KIT PROTOCOL

A great treatment facial for all skin types.

## *SKIN ANALYSIS*

Once your client is comfortable on the table, start by examining their skin. Take your time and be thorough so you can customize your treatment plan to what they need that day. Tell them what you see on their skin and how you're going to improve it over the course of their treatment plan.

## *PREP*

### **Cleanse**

- Cleanse thoroughly x1 with the **k Facial Cleanser**, or x2 if you need to remove make-up or sun block.
- Remove with a warm, wet washcloth or disposable sponges.

### **Exfoliation**

- Mix the **Exfoliating Mask** with the **h Skin Healing Gel** and work into the skin for 2 minutes.
- Remove with cool, wet disposable sponges or cotton pads.
- Apply a little more **h Skin Healing Gel** all over the face.

## *TREATMENT*

### **Massage**

- Combine the **q Flavonoid Complex** with the **h Skin Healing Gel** and massage into the skin for 2–5 minutes.
- If using gentle steam, keep the steamer at least an arm's length away from the face.
- Then apply a very small amount of the **Hydrating Mask** over the top and massage for a further 10–15 minutes.
- Remove all the treatment products with a warm, wet washcloth.

### **Extractions**

- Wear gloves and use tissues such as Puffs or Kleenex.
- To get fast results for your client, it's important to be thorough and take as long as you can to get everything out. However, be mindful not to extract any painful, hormonal nodules that could scar and leave marks on the skin.

### **Specialty AHA Treatment**

- Apply the **Fruit Complex #1** all over the face and under the jawline, avoiding the delicate skin around the eyes.
- Leave on for 3–5 minutes.
- Thoroughly remove with cold water, using either disposable gauze or cotton pads.
- Apply a generous layer of **h Skin Healing Gel**.

## Icing

- Gently massage the skin with cryo sticks, keeping them moving until the entire face has been iced.
- Keep icing for 3–5 minutes.

## Mask

- If working on an oily or combination skin, mix the **Purifying Mask** with a little **h Skin Healing Gel**. On a drier skin, mix equal parts of the **Purifying Mask** and **Hydrating Mask**.
- Apply all over the face, avoiding the eye area.
- Apply the **i Eye Repair Gel** around the eye area and place dampened cotton pads on top.
- After 8–10 minutes, remove the mask with a lukewarm, wet washcloth.

## Finishing products

- For an oily or combination skin, apply the **h Skin Healing Gel** followed by a small amount of **y Light Moisturizer**. On a dry skin, apply a small amount of **q Flavonoid Complex** all over the face and eye area, followed by the **h Super Soothing Lotion**.
- Massage in for 1 minute.
- Apply the **i Eye Repair Gel** all around the eye area.
- Apply the **s Facial Sun Block (SPF 40) Tinted** if it is daytime.

## EDUCATION

As a skincare professional, make sure to talk to your client. Ask them questions about their diet and lifestyle based on what you observed during skin analysis. Explain to them the next steps in their treatment plan, how you'll help them take their skin to the next level and tell them when you would like to see them for their next appointment.

## HEMOCARE REGIMEN

Finally, explain why being consistent and thorough with their daily regimen is the key to getting results. Don't be afraid to recommend products that will support and improve their skin, talk them through the benefits and show them how to apply each one. Be sure to focus on the importance of cleansing thoroughly – this is 50% of a successful regimen!